

February 2015

Hi Lites of

Lutheran Manor





NEW RESIDENTS
 Anna Ortiz 501
 Concepcion (Connie) Olivo 1114
 Lesley Statham 719
 Joanne Grace-Tirado 401

February 2 (Monday)	Exercise	10:00 a.m.	Lounge
	Movie-An Affair to Remember	1:00 p.m.	Conf Rm
	Bingo	6:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
February 3 (Tuesday)	Banks, CVS, \$ Store, Post Office	9:30 a.m.	Van Trip
	Zumba	10:00 a.m.	Lounge
	Rev. James Harper, Notre Dame RC, Bethlehem	2:00 p.m.	Lounge
February 4 (Wednesday)	Weis Market	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Speaker-Ehrlich Pest Control	2:00 p.m.	Lounge
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
February 5 (Thursday)	Chat Room	10:00 a.m.	Patio
	Speaker-Protect yourself from Fraud	2:00 p.m.	Lounge
	Dinner @ Doughboys	4:00 p.m.	Van Trip
	Blood Pressure Check	6:00 p.m.	Lounge
February 6 (Friday)	Yoga	10:00 a.m.	Patio
	Lunch @ Olive Gardens in Whitehall	11:00 a.m.	Van Trip
	Tai Chi	12:30 p.m.	Patio
	Wii Bowling	5:30 p.m.	Lounge
February 7 (Saturday)	Coffee & Donuts	9:00 a.m.	Lounge
	Pinochle Party	12:30 p.m.	Lounge
February 9 (Monday)	Breakfast/Wal-Mart	9:00 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Committee Meeting	1:30 p.m.	Conf Room
	Bingo	6:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
February 10 (Tuesday)	Zumba	10:00 a.m.	Lounge
	General Meeting	2:00 p.m.	Lounge
	(11th Floor responsible for snacks)		
February 11 (Wednesday)	Valley Farms	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Computer Class	1:00 p.m.	Comp Rm

February 11 (Wednesday)	Speaker- Men's Manicure	1:30 p.m.	Lounge
	Massage by Appointments	2:00 p.m.	Conf Room
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
February 12 (Thursday)	Shopping at Lehigh Valley Mall	10:00 a.m.	Van Trip
	DVD-André Rieu	10:00 a.m.	Lounge
	Rev. Tony Pompa, Cathedral Church of the Nativity, Episcopal, Bethlehem	2:00 p.m.	Lounge
February 13 (Friday)	Yoga	10:00 a.m.	Patio
	Movie/Lunch	10:45 a.m.	Van Trip
	Second Harvest Food Delivery	11:00 a.m.	Patio
	Tai Chi	12:30 p.m.	Patio
	Wii Bowling	5:30 p.m.	Lounge
February 14 (Saturday)	Manicures by Appointment	9:30 a.m.	Lounge
February 15 (Sunday)	Valentine Pizza Party	5:00 p.m.	Lounge
February 16 (Monday)	President's Day	OFFICE CLOSED	
	Giant	9:30 a.m.	Van Trip
February 17 (Tuesday)	Zumba	10:00 a.m.	Lounge
	Lunch @ Doughboys	10:45 a.m.	Van Trip
February 18 (Wednesday)	Ash Wed (Pastor Clark)	9:00 a.m.	Patio
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Speaker-Chinese New Year	1:30 p.m.	Lounge
	Piano Playing	3:00 p.m.	Lounge
	Bingo at Lehigh Valley Active Life	5:15 p.m.	Van Trip
	Poker League	6:30 p.m.	Conf Room
February 19 (Thursday)	Chat Room	10:00 a.m.	Patio
	Rev. Barry Mitchell, Emmanuel Lutheran, Bath	2:00 p.m.	Lounge
	Dinner @ Carrabba's Restaurant In Allentown	4:30 p.m.	Van Trip
February 20 (Friday)	Rent Rebates	9:00 a.m.	Lounge
	Yoga	10:00 a.m.	Patio
	Tai Chi	12:30 p.m.	Patio
	Wii Bowling	5:30 p.m.	Lounge
February 21 (Saturday)	Soup & Hot Dogs	11:00 am.	Lounge
February 23 (Monday)	Wegmans	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Therapy Dog	11:00 a.m.	Lounge
	Movie-An Affair to Remember	1:00 p.m.	Conf Room
	Bingo	6:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room

February 24 (Tuesday)	Zumba	10:00 a.m.	Lounge
	<i>Senior Bingo w/lunch (donations)</i>	<i>10:45 a.m.</i>	<i>Van Trip</i>
February 25 (Wednesday)	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	<i>Shopping at Hobby Lobby</i>	<i>1:00 p.m.</i>	<i>Van Trip</i>
	Computer Class	1:00 p.m.	Comp Rm
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Rm
February 26 (Thursday)	<i>Kmart/Dollar Tree/Lunch at the Diner in Wind Gap</i>	<i>9:30 a.m.</i>	<i>Van Trip</i>
	Chat Room	10:00 a.m.	Patio
	Rev. Richard Naholdil, St John's EC, Allentown	2:00 p.m.	Lounge
February 27 (Friday)	Rent Rebates	9:00 a.m.	Lounge
	<i>Allentown Farmers Market/ Lunch @ Ritz Barbecue</i>	<i>9:30 a.m.</i>	<i>Van Trip</i>
	Yoga	10:00 a.m.	Patio
	Tai Chi	12:30 p.m.	Patio
	Wii Bowling	5:30 p.m.	Lounge
February 28 (Saturday)	Social (Majestics)	5:00 p.m.	Lounge

Activity

Dates

Time

Place

Bingo	Every Monday	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Patio
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:30 p.m.	Patio
Wii Bowling	Every Friday	5:30 p.m.	Lounge

Our Activities.

Claudie's



Corner



Your Local Pest Control Experts



A Representative of Ehrlich will be here on **Wednesday, February 4th** 2pm in the lounge

What you should know about **Pest Control** in your home. The **facts** and **myths** that you need to know. Please stop by to get valuable information.

Don't miss this very IMPORTANT presentation!



Protect Yourself From Fraud

Liz Houser will be here on **Thursday, February 5, 2015** 2:00 pm

It's easier than ever for criminals to obtain your personal information and cheat you out of your hard-earned resources. **If you attend this presentation** you will receive a **checklist** to help protect you against **mail, telephone, and computer fraud.**

REFRESHMENTS WILL BE SERVED!

TRADITIONS of HANOVER At Home

Men's Manicure

Get your **FREE** manicure. **Wednesday, February 11th**

1:30 pm in the Lounge

Sign up with Claudie

HAPPY CHINESE NEW YEAR

Chinese Food

Wednesday, February 18 1:30 pm in the Lounge

恭喜发财

Join the celebration with some **delicious food**, fortune cookies, **activities** and more.

Sign up with Claudie.





Soup & Hot Dogs



Saturday, February 21

11 a.m. to 2 p.m.

SOUP: Chili \$3.00

HOT DOGS: Plain, Sauerkraut, or Chili \$1.50

RED BEET EGGS: .50

DESSERT: Ice Cream & Strawberries \$2.50

SODA OR COFFEE: \$1.00

Entertainment by:
Music Memories
50/50 Drawing

The Snack Stand

**Snacks available
every**

Monday & Wednesday

From 3-6 p.m. In the **Lounge.**



March Events

2015

Saturday	3/07	Coffee & Donuts		9:00 a.m.
Saturday	3/07	Pinochle Party		12:30 p.m.
Saturday	3/21	Soup & Hot Dogs	Jim & Lorie	11:00 a.m.
Sunday	3/29	Social	Steel City	6:00 p.m.



FREE Computer Classes

Wednesday, February 11 & 25

1-3 pm



TAI CHI

Every Friday, at 12:30 pm

In the Patio



Piano playing

&

Singing with

Gladys and Residents.



Every Wednesday
From 3-4 pm
In the Lounge

Wednesday, February 11
2:00-4:30 pm



If you are interested
in getting a massage
please **sign-up**
with Claudie.

Price: \$20.00 1/2 hour
\$40.00 1 hour



Coffee & Donuts

Saturday, February 7th

9:00 a.m. to 10:30 a.m.

\$1.00 coffee

\$1.00 donut

\$1.00 additional donuts

Friends and Family are Welcome.



**WALKERS
CLUB
will be taking a
Winter Break.**

We will resume in
April 2015.

Mr. Peabody or Miz Daisy
will be coming by and they
would love to see you.

Monday, February 23.

At 11:00 am in the lounge.



Join Darla for ZUMBA

Every Tuesday

10:00 a.m.

Lounge

ZUMBA[®]
LOVE
Party



Blood Pressure Check
Thursday, February 5th
6:00 p.m.
In the Lounge

Linda will be here to do
Manicures.
Saturday, February 14th



See Claudie for an appointment.

Join us for *YOGA*

Every Friday
10:00 AM
Patio



EXERCISE CLASS

Join the class with *Robin*.
Every Monday & Wednesday
at 10:00 AM
In the Lounge



SOCIAL

Saturday, February 28th

4 PM Doors Open

5 PM Refreshments

6 PM Entertainment

Donations requested.



Esther's Ice Cream Sales

\$1.00

Entertainment by:
Majestics

50/50 Raffle



NOW
PLAYING!

An Affair to Remember

An Affair to Remember is a 1957 film starring Cary Grant and Deborah Kerr. The film is considered one of the most *romantic movies of all time*.

A couple falls in love and agrees to meet in six months at the Empire State Building.

Monday, February 2 & 23

1:00 pm

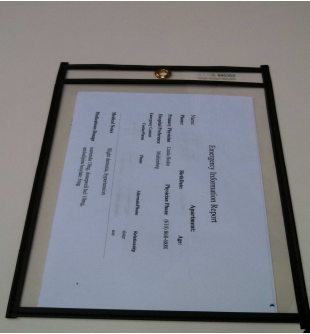
Conference Room

Grab the popcorn because its



MOVIE
MONDAY!!!

Emergency Information Sheet



It's that time again to update your **Emergency Information Sheet.**

Please make sure to **call Claudie** and make

an appointment to update this very important sheet. I want to make sure your information is current and up to date.

If the paramedics are called, this sheet must have accurate information.

Thank you!

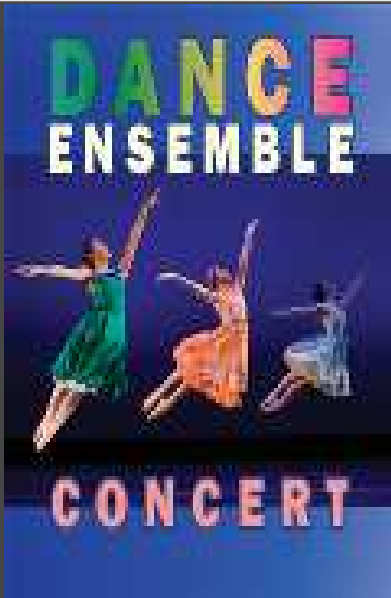
RENT REBATES

If you are interested in getting a **Rent Rebate**, please make sure to *call Claudie* for an appointment.

Friday, February 20 & 27

Friday, March 6

9:00 a.m.—12:00 p.m.



DESALES
UNIVERSITY

Presents

Dance Ensemble Concert

This concert ranges from classical ballet and modern dance to hip-hop and contemporary styles. Come and be amazed by the versatility and virtuosity of the dance majors!

Sunday, March 15

3 pm, (Van will depart at 2:15 pm)

Cost: \$11.00

SIGN UP NOW



Will be stopping for dinner at **Coopersburg Diner** after the concert.



**ANDRÉ RIEU-
GREATEST HITS DVD
THURS, FEB. 12th
10 am in the LOUNGE**

**IN COMMEMORATION OF ANDRE RIEU'S 30-YEAR
ANNIVERSARY ON STAGE, THIS DVD OFFERS A
COLLECTION OF HIS MOST BELOVED MELODIES.**

SELECTIONS INCLUDE:

Mozart: Adagio from Violin Concerto #3

Oh The Beautiful Blue Danube

You Are My Heart's Delight

All Men Should Be Brothers/Beethoven 9th Symphony

Bolero

Vienna, City of My Dreams

And many more!

**JOIN YOUR NEIGHBORS ON FEB 12th IN THE LOUNGE
FOR THIS WONDERFUL PROGRAM.**

—sponsored by the chat room

Happy New Year! Again!



Wow, we're already one month into 2015. While my wife and I were visiting our son in Arizona over the holidays we worship in a church in Sedona, AZ that had the following printed in the bulletin.

SPIRITUALLY LITERATE NEW YEAR'S RESOLUTIONS

By Frederic & Mary Ann Brussat [www.spiritualityandpractice.com]

1. I will live in the present moment. I will not obsess about the past or worry about the future.
2. I will cultivate the art of making connections. I will pay attention to how my life is intimately related to all life on the planet.
3. I will be thankful for all the blessings in my life. I will spell out my days with a grammar of gratitude.
4. I will practice hospitality in a world where too often strangers are feared, enemies hated, and the "other" is shunned. I will welcome guests and alien ideas with graciousness.
5. I will seek liberty and justice for all. I will work for a free and fair world.
6. I will add to the planet's fund of good will by practicing little acts of kindness brief words of encouragement, and manifold expressions of courtesy.
7. I will cultivate the skill of deep listening. I will remember that all things in the world want to be heard, as do many voices inside me.
8. I will practice reverence for life by seeing the sacred in, with, and under all things in the world.
9. I will give up trying to hide, deny, or escape from my imperfections. I will listen to what my shadow side has to say to me.
10. I will be willing to learn from the spiritual teachers all around me, however unlikely or unlike me they may be.

I realize that each of us would add some more resolutions to the list. I trust the ten listed here are very good for us to consider in the "new" year.

-Blessings, Pastor Clark

WORSHIP IN FEBRUARY – 2 pm in the Lounge (except Ash Wednesday)

Tues. 3rd Rev. James Harper, Notre Dame RC, Bethlehem

Thurs. 12th Rev Tony Pompa, Cathedral Church of the Nativity,
Episcopal, Bethlehem

Wed. 18th Ash Wed.-9am-Patio- **Chaplain Clark Kuntz**

Thurs. 19th Rev. Barry Mitchell, Emmanuel Lutheran, Bath

Thurs. 26th Rev. Richard Naholdil, St. John's EC, Allentown



CHAT ROOM – EVERY THURSDAY AT 10 am in the patio. Come and chat with your neighbors...we'll get to know each other better!!

BIBLE STUDY- EVERY WEDNESDAY AT 12:30 pm in the Patio. We are studying the Gospel according to ST. Luke. All are welcome.

ASH WEDNESDAY- LENT BEGINS- On February 18th- A brief service of the imposition of ashes for Ash Wednesday at 9 am in the Patio.



Trips to Notice...

Monday, March 23rd - Town & Country Bowling Lanes- Bethlehem—There's No Time To "Spare". Let's strike up some fun bowling. Cost for game is \$1.25, Shoes \$3.50.



LUTHERAN MANOR



Lutheran Manor has on **site security**.

Dave & Krissy Dunnivant are the **Staff Personnel** for on site Security. If you call the answering service **after office hours** for assistance, the answering service will give the message to **Dave or Krissy** to assist you. When they respond to your request and knock at your door **please** open the door for them.

Thank you!





SHOPPING CARTS

Lutheran Manor does not own any shopping carts. Please **DO NOT** bring them here and leave them in the entrance area!



Note from the Manager....

Our medical duress system will be out of use from 7am on Monday February 9th until 5pm on Monday February 16th. This means your emergency cords will not be working during this time frame. You will need to CALL 911 from your telephone. We are upgrading the entire system. If the project needs more time, we will let you know by memo and the TV message board on each floor. Please stay tuned to the message board during this time for updates. Simplex will need to enter all apartments upon completion to ensure every pull cord works properly with our new system. That schedule will be given to you as the project is completed. We are excited for the new system and feel it will help with our response time. If you have any questions, please see me in the office.

Stay safe...

Courtney Doheny

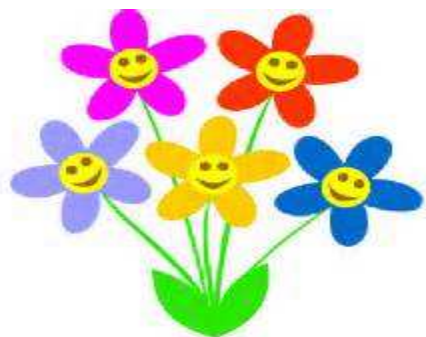
Property Manager



Laundry room



1. LAUNDRY ROOM IS OPEN ANYTIME **EXCEPT** WHEN WE HAVE **CHURCH SERVICES**. AND **EVERY FRIDAY FROM 7 AM—10 AM** FOR **LOUNGE CLEANING**.
2. LAUNDRY ROOM IS FOR **RESIDENTS CLOTHING ONLY**.
3. DO NOT OVERLOAD WASHERS & DRYERS.
4. **KEEP TRACK OF YOUR CYCLE TIMES!!!** EMPTY MACHINES WHEN CYCLES ARE COMPLETE! **REMEMBER YOU ARE NOT THE ONLY ONE WHO NEEDS TO DO LAUNDRY!!!**
5. IF YOU OPEN A DRYER—**REMEMBER TO HIT THE START BUTTON TO RESUME THE CYCLE**.
6. KEEP LAUNDRY ROOM CLEAN.
7. LUTHERAN MANOR NOR LEHIGH COIN LAUNDRY IS NOT RESPONSIBLE FOR **LOST OR STOLEN ITEMS**.
8. FOR ANY PROBLEMS WITH MACHINES, CALL **(610) 530-7361**, IF YOU DON'T RECEIVE A RESOLUTION LET THE MAIN OFFICE KNOW.



Thank You!

I 
PIZZA

Valentine Pizza Party

PIZZA 
PARTY 

Sunday, February 15, 2015

5 p.m. in the Lounge (Doors open at 4 p.m.)

COST:

\$10 per person

\$12 per guest (limit 2)



Entertainment by:

Cindy

Song Styles

With lots of Laughter.

Menu:

2 slices of pizza
(with cheese or pepperoni
topping)
Lettuce with assorted dressing
Ice Cream
Coffee or Tea
Soda—\$1.00

Crowning

**King & Queen
of Hearts**



Coordinator: Ronnie Clifford

50/50 Drawing 3 for \$1.00



VALENTINE PIZZA PARTY

Sunday, February 15, 2015



Place slip in a sealed envelope along with cash payment and slide it under Marge Bachemin's door Apt #705.

Name: _____ Apt# _____ Phone: _____

of Guests _____

Choice of 2 slices of Pizza: _____ (2) Cheese, or _____ (2) Pepperoni

(Both slices must be the same kind)

DEADLINE FOR RESERVATIONS IS WEDNESDAY, FEBRUARY 11.

FREE BREAKFAST



Open for all Residents, **NO Guests.**

Saturday, March 14, 2015



8:30 am—10:30 am



Catered by: Estelle



Saturday, March 14, 2015

8:30 a.m.—10:30 a.m.



Place slip in a sealed envelope and slide it under Marge Bachemin's door Apt #705.

Name: _____ Apt# _____ Phone: _____

DEADLINE FOR RESERVATIONS IS WEDNESDAY, MARCH 11.

NO EXCEPTIONS!



Van Trips



March 2015

DATE	DAY	TRIP	TIME
March 1	(Sunday)	Shopping at Target/Lunch @ Panera Bread	10:00 a.m.____
March 3	(Tuesday)	Banks, CVS, \$ Store, Post Office	9:30 a.m.____
March 4	(Wednesday)	Weis Market	9:30 a.m.____
March 5	(Thursday)	Tri-Boro Spaghetti Night	4:45 p.m.____
March 6	(Friday)	Breakfast/Valley Farms	9:00 a.m.____
March 9	(Monday)	Giant	9:30 a.m.____
March 11	(Wednesday)	Shopping at TJ Maxx/Lunch @ Hibachi Grill	11:00 a.m.____
March 12	(Thursday)	Dinner @ Red Lobster	4:30 p.m.____
March 13	(Friday)	Lehigh Valley Flower Show-@AG Hall - \$8.00	10:00 a.m.____
March 15	(Sunday)	DeSales-Dance Ensemble Concert- Cost \$11.00 /Dinner @ Coopersburg Diner	2:15 p.m.____
March 16	(Monday)	Wegmans	9:30 a.m.____
March 19	(Thursday)	Valley Farms	9:30 a.m.____
March 20	(Friday)	Movie/Lunch	11:00 a.m.____
March 21	(Saturday)	Pig Stomach Dinner @ Jacob's Church - Cost \$13.00 , New Tripoli	3:00 p.m.____
March 22	(Sunday)	Dinner @ DoughBoys	4:00 p.m.____
March 23	(Monday)	Town & Country Bowling Lanes - Bethlehem \$1.25 a Game, \$3.50 Shoes	1:00 p.m.____
March 25	(Wednesday)	Bingo at Lehigh Valley Active Life	5:15 p.m.____
March 26	(Thursday)	Walmart/Giant on Rt 191	9:30 a.m.____
March 27	(Friday)	Lunch @ Marblehead Chowder House, in Easton	11:00 a.m.____
March 31	(Tuesday)	Senior Bingo w/lunch (donations)	10:45 a.m.____

Please fill out the form and **bring to my office**, I will start collecting forms at **7 a.m.** on the first day of the month.

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

February

2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 10:00 Exercise 1:00 Movie-An Affair to Remember 6:00 Bingo 6:30 Poker League	3 10:00 Zumba 2:00 Rev James Harper, Notre Dame RC	4 10:00 Exercise 12:30 Bible Study 2:00 Speaker-Ehrlich Pest Control 3:00 Piano Playing 6:30 Poker League	5 10:00 Chat Room 2:00 Speaker-Protect yourself from Fraud 6:00 Blood Pressure Check	6 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling	7 9:00 Coffee & Donuts 12:30 Pinochle Party 
8	9 10:00 Exercise 1:30 Committee Mtg 6:00 Bingo 6:30 Poker League	10 10:00 Zumba 2:00 General Meeting 	11 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 1:30 Speaker-Men's Manicures 2:00 Massage by Appt	12 10:00 DVD-Andre R 2:00 Rev Tony Pompa, Cathedral Church of the Nativity, Episcopal, Beth	13 10:00 Yoga 11:00 Second Harvest Food Delivery 12:30 Tai Chi 5:30 Wii Bowling	14 9:30 Manicures by Appointment 
15 5:00 Valentine's Party 	16 OFFICE CLOSED PRESIDENTS' DAY 	17 10:00 Zumba	18 9:00 Ash Wed 10:00 Exercise 12:30 Bible Study 1:30 Speaker-Chinese New Year Celebration 3:00 Piano Playing	19 10:00 Chat Room 2:00 Rev Barry Mitchell, Emmanuel Lutheran, Bath	20 9:00 Rent Rebates 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling	21 11:00 Soup & Hot Dogs 
22	23 10:00 Exercise 11:00 Therapy Dog 1:00 Movie-An Affair to Remember 6:00 Bingo 6:30 Poker League	24 10:00 Zumba 	25 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 3:00 Piano Playing 6:30 Poker League	26 10:00 Chat Room 2:00 Rev Richard Naholdil, St John's EC, Allentown	27 9:00 Rent Rebates 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling	28 5:00 Social 